

## Talk Tuesday

00:14

# FIND THE CONNECTIONS

*You can't connect the dots looking forward; you can only connect them looking backwards. So, you have to trust that the dots will somehow connect in your future.*

*You have to trust in something – your gut, destiny, life, karma, whatever. This approach has never let me down, and it has made all the difference in my life.*

**Steve Jobs**

Reflect on your life. Do you see any patterns? The key to moving forward positively is to connect the dots in your life so you can find purpose and meaning.

I once ran one of our programmes at Llandrillo College in North Wales for a bunch of students. There, we spoke to a girl who was extremely disengaged with her tourism course. Her attendance rate was about 15 per cent and she was likely to fail the course. At the time, the girl didn't care because she wanted to work in the music industry, and wasn't sure why she'd chosen to study tourism in the first place. We helped her connect the dots between her interests (music) and her dream job (in a music club in Ibiza). We then worked back from her future goal to where she was then – failing her college course. With the dots between her love of music and her tourism course connected, it became obvious how the course could help her. So, to realise her dream, she changed her outlook, passed the course and moved to Ibiza.



Take a minute to map out your interests and where you would like to be. How can you use your current situation and the resources you have to reach that outcome faster? You might also want to watch Steve Jobs in his 2005 Stanford commencement speech – [bit.ly/findtheconnections](https://bit.ly/findtheconnections) – where he talks about connecting the dots.

*Taken from Chapter 14 of 'Meee in a Minute: 60 Ways To Improve Your Life in 60 Seconds' by Sid Madge.*